









IT DRIVES ME NUTS

It drives me nuts when people are constantly clicking their pen.

TO TURN OVER A NEW LEAF

I'm going to turn over a new leaf and start again. I'll find a new job and get a new boyfriend and make new friends.

IT'S RAINING CATS AND DOGS

It's raining cats and dogs, make sure you wear your raincoat and take your umbrella.

TO SQUIRREL AWAY

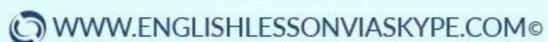
He squirrelled away a nice sum of money over the early summer.

AN OLD CHESTNUT

Not that old chestnut again! We've already talked about it a hundred times.

UNDER THE WEATHER

I'm feeling a little bit under the weather.





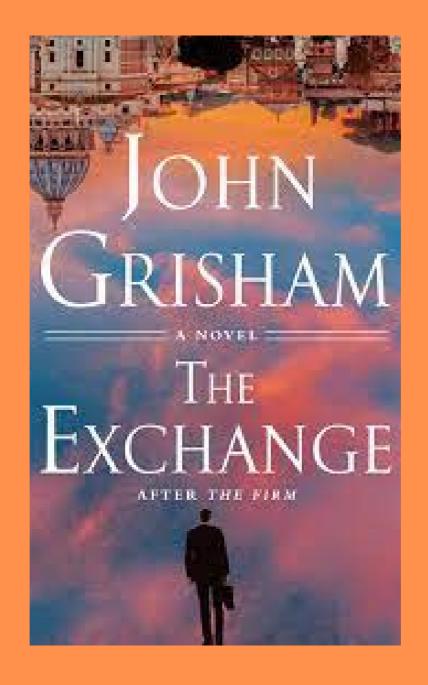


What to read in October



The Exchange by John Grisham

People to follow by Olivia Worley



When last seen in The Firm: A Novel, Mitch McDeere and his wife Abby were fleeing Memphis with the bad guys in hot pursuit. Now they're back, fifteen years later, and living in New York where Mitch is an international lawyer and a partner in a mega-firm. His work takes him across the globe, and not always to safe places. During a trip to Libya, his trusted associate is kidnapped, and an execution is threatened unless an enormous ransom is paid. Only Mitch can facilitate the exchange and I hope readers have as much fun with the novel as I am writing it.



In Olivia Worley's pitch-perfect debut, People to Follow, ten teen influencers come to a remote island to star in a reality show, but when one of them winds up dead, they realize that this time, the price of getting "cancelled" could be their lives.

A reality show on a remote Caribbean island. Ten teen influencers. One dead body.

This book was the perfect blend of delightful twists and offthe-page characters, all against the lush setting of an exclusive island retreat for influencers. It kept me guessing the whole time and I loved the different secrets some of the influencers were guilty of hiding. Such a fun book that kept me on my toes!

Halloween



HALLOWEEN FACTS

WHAT?

Halloween is a holiday celebrated all around the world.

People wear costumes, they celebrate parties, and they decorate their houses and carve pumpkins.

It is a very special holiday for the children because they wear spooky costumes, they go "trick or treating" house by house and people at their houses give candies and sweets to them.

WHEN?

Halloween is celebrated annually on the 31st of October, just the evening before All Saints Day.

Halloween is the short name of All Hallows' Eve.



HISTORY OF HALLOWEEN

Halloween is a Celtic celebration called Samhain /sah-wen/. Samhain marked the end of summer and the end of summer harvest.

Ancient Celtics were very superstitious and they believed that on October the 31st, the spirits of the dead came back to towns and villages. To keep these spirits away, they dressed up in scary costumes made from animal skins. They also made noise in streets and fired up huge bonfires.

JACK O' LANTERNS

According to an old tale, a drunken farmer named Stingy Jack was not allowed to enter both heaven and hell after his death. His soul wandered in the darkness. He carved out a lantern out of a turnip to light his way and guide his soul.

The Celtics believed in this story of Jack Stingy, so they began to place Jack o' Lanterns outside their houses. The purpose was to guide lost souls home while they wandered during the Samhain festival eve.

MORE FACTS

- The traditional colours of Halloween are black and orange.
 Orange comes from the autumn harvest and black represents death.
- Cats, spiders and bats are Halloween icons because they were believed to be witches servants in the past.